

Influences to Food Pantry Use

Start of Block: Consent

Consent Form [Influences to Food Pantry Use Consent Form](#)



Consent I have read the consent document and I do consent to participating in this survey.

- Yes
- No

Skip To: End of Survey If I have read the consent document and I do consent to participating in this survey. = No

End of Block: Consent

Start of Block: Food Insecurity



Q1 Which of these statements best describes the food eaten in your household in the last 12 months?

- Enough of the kinds of food we want to eat
 - Enough but not always the kinds of food we want
 - Sometimes not enough to eat
 - Often not enough to eat
-



Q2 For this statement, please choose whether the statement was often true, sometimes true, or never true for you in the last 12 months.

I worried whether my food would run out before I got money to buy more.

- Often true
 - Sometimes true
 - Never true
-



Q3 For this statement, please choose whether the statement was often true, sometimes true, or never true for you in the last 12 months.

The food that I bought just didn't last, and I didn't have money to get more.

- Often true
 - Sometimes true
 - Never true
-



Q4 For this statement, please choose whether the statement was often true, sometimes true, or never true for you in the last 12 months.

I couldn't afford to eat balanced meals.

- Often true
 - Sometimes true
 - Never true
-



Q5 In the last 12 months, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

Yes

No

Skip To: Q6 If In the last 12 months, did you ever cut the size of your meals or skip meals because there wasn't... = Yes



Q6 How often did this (cutting the size of your meals or skipping meals) happen?

Almost every month

Some months but not every month

Only 1 or 2 months

Not applicable



Q7 In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?

Yes

No



Q8 In the last 12 months, were you ever hungry but didn't eat because there wasn't enough money for food?

Yes

No

X→

Q9 In the last 12 months, did you lose weight because there wasn't enough money for food?

- Yes
- No

X→

Q10 In the last 12 months, did you ever not eat for a whole day because there wasn't enough money for food?

- Yes
- No

Skip To: Q11 If In the last 12 months, did you ever not eat for a whole day because there wasn't enough money for... = Yes

X→

Q11 How often did this (not eating for a whole day) happen?

- Almost every month
- Some months but not every month
- Only 1 or 2 months
- Not applicable

End of Block: Food Insecurity

Start of Block: Short Answer

Q20 Do you believe you're food insecure? Why or why not?

Q21 Do you believe that there is stigma surrounding food pantry users? Why or why not?

Q22 Do you think that food pantries can become more accessible to its users? If so, how?

End of Block: Short Answer

Start of Block: Food Pantry Use



Q68 Have you ever used/do you use the on-campus food pantries?

Yes

No

End of Block: Food Pantry Use

Start of Block: FP Users TPB



Q1- Normative Belief Most people who are important to me approve of my use of the on-campus food pantries.

- Strongly disagree
 - Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Agree
 - Strongly agree
-



Q2-Normative Belief Most people like me use the on-campus food pantries.

- Strongly disagree
 - Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Agree
 - Strongly agree
-



Q3-PBC I am confident that I can use the on-campus food pantries whenever I want to and need to.

- Strongly disagree
 - Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Agree
 - Strongly agree
-



Q4-PBC My decision to use an on-campus food pantry when I want/need to is up to me.

- Strongly disagree
 - Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Agree
 - Strongly agree
-



Q5-Intention I intend to use the on-campus food pantries when I want to and/or need to.

- Strongly disagree
- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree
- Strongly agree



Q6-Attitudes Using the on-campus food pantries is...

	1	2	3	4	5	6	7	
Unhelpful	<input type="radio"/>	Helpful						
Bad	<input type="radio"/>	Good						
Pleasant	<input type="radio"/>	Unpleasant						
Embarrassing	<input type="radio"/>	Soothing						
Unimportant	<input type="radio"/>	Important						
Burdensome	<input type="radio"/>	Easy						

End of Block: FP Users TPB

Start of Block: Prejudice- FP Users



Q15- FP Pred Adjusting the vertical slide bar, how warm (#5) or cool (#1) do you feel towards yourself for using on campus food pantries to obtain food items?



- 1
- 2
- 3
- 4
- 5



Q16- FP Pred Adjusting the vertical slide bar, how warm (#5) or cool (#1) do you feel towards yourself to use grocery stores to obtain food items?



- 1
- 2
- 3
- 4
- 5

End of Block: Prejudice- FP Users

Start of Block: FP SS- Self



Q17- FP SS- Self I have stopped socializing with some people due to their reaction to me using a food pantry.

- Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q18- FP SS- Self I am very careful whom I tell that I use the food pantry.

- Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q19- FP SS- Self I feel guilty because I use the food pantry.

- Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q20- FP SS- Self I fear losing friends and facing rejection because I use a food pantry.

- Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q21- FP SS- Self Some people avoid interacting with me after finding out I used a food pantry.

- Strongly disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Strongly agree

X→

Q22- FP SS- Self I feel I am not as good a person as others because I used a food pantry.

- Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-

X→

Q23- FP SS- Self I do not mind people in my neighborhood (community, friend group, living space) knowing I use a food pantry.

- Strongly agree
 - Somewhat agree
 - Neither agree nor disagree
 - Somewhat disagree
 - Strongly disagree
-

X→

Q24- FP SS- Self I have not had any trouble with people knowing that I use a food pantry.

- Strongly agree
 - Somewhat agree
 - Neither agree nor disagree
 - Somewhat disagree
 - Strongly disagree
-



Q25- FP SS- Self I work hard to keep that I use a food pantry from others.

- Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q26- FP SS- Self As a rule, telling others I used a food pantry has been a mistake.

- Strongly disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Strongly agree

Start of Block: Self-Stigma of Seeking Help



Q37- Seek help I feel inadequate for using the food pantry for assistance.

- Strongly Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q38- Seek help My self-confidence would NOT be threatened when I seek food assistance through food pantry use.

- Strongly agree
 - Somewhat agree
 - Neither agree nor disagree
 - Somewhat disagree
 - Strongly disagree
-



Q39- Seek help Using a food pantry for food assistance makes me feel less intelligent.

- Strongly Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q40- Seek help My self-esteem increases when I use food pantries for food assistance.

- Strongly agree
 - Somewhat agree
 - Neither agree nor disagree
 - Somewhat disagree
 - Strongly disagree
-



Q41- Seek help My view of myself would not change just because I make the choice to use a food pantry for food assistance.

- Strongly agree
 - Somewhat agree
 - Neither agree nor disagree
 - Somewhat disagree
 - Strongly disagree
-



Q42- Seek help It makes me feel inferior to ask for food assistance/use food pantries.

- Strongly Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q43- Seek help I feel okay about myself when I make the choice to use food pantries for food assistance.

- Strongly agree
 - Somewhat agree
 - Neither agree nor disagree
 - Somewhat disagree
 - Strongly disagree
-



Q45- Seek help When I go to the food pantry, I feel less satisfied with myself.

- Strongly Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q46- Seek help My self-confidence remains the same when I seek food pantries for a food assistance problem I can not solve.

- Strongly agree
 - Somewhat agree
 - Neither agree nor disagree
 - Somewhat disagree
 - Strongly disagree
-



Q47-Seek help I feel worse about myself if I can not solve my own problems with food.

- Strongly Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Strongly agree

End of Block: Self-Stigma of Seeking Help

Start of Block: Demographics



Q23 Gender

- Male
 - Female
 - Non-binary / third gender
 - Prefer not to say
-

Q24 Race



Q25 What year are you enrolled at Appalachian State?

- First year college student
 - Second year college student
 - Third year college student
 - Fourth year college student
 - Greater than or equal to 5 years of undergraduate
 - First year Graduate student
 - Second year Graduate student
 - Greater than or equal to 3 years of Graduate school
-



Q26 Do you have a campus meal-plan?

- Yes
- No



Q27 Employment Status

- Unemployed
- One or more part-time jobs
- One full-time job



Q28 Are you on-campus or off-campus?

- On-campus
- Off-campus
- Other (Explain) _____

End of Block: Demographics

Start of Block: Default Question Block

Q1 Thank you for completing the survey. The question will be routed to an external survey where you can provide your email to be entered for a chance to win 1 of 2 \$50 Visa Gift Cards.

End of Block: Default Question Block

Start of Block: Non-FP Users TPB



Q12-Attitudes Using on-campus food pantries is...

	1	2	3	4	5	6	7	
Unhelpful	<input type="radio"/>	Helpful						
Bad	<input type="radio"/>	Good						
Pleasant	<input type="radio"/>	Unpleasant						
Embarrassing	<input type="radio"/>	Soothing						
Unimportant	<input type="radio"/>	Important						
Burdensome	<input type="radio"/>	Easy						



Q7-NB Most people who are important to me approve of on-campus food pantries use.

- Strongly disagree
- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree
- Strongly agree



Q8-NB Most people like me approve of on-campus food pantries use.

- Strongly disagree
 - Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Agree
 - Strongly agree
-



Q9-PBC I am confident that I could use the on-campus food pantries whenever I want to and need to.

- Strongly disagree
 - Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Agree
 - Strongly agree
-



Q10-PBC My decision to use an on-campus food pantry when I want/need to is up to me.

- Strongly disagree
 - Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Agree
 - Strongly agree
-



Q11-Intention I intend to use the on-campus food pantries when I want to and/or need to.

- Strongly disagree
- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree
- Strongly agree

End of Block: Non-FP Users TPB

Start of Block: Prejudice- Non FP



Q13-NFP Pred Adjusting the vertical slide bar, how warm (#5) or cool (#1) do you feel towards others who use the on campus food pantries to obtain food items?



1
2
3
4
5



Q14-NFP Pred Adjusting the vertical slide bar, how warm (#5) or cool (#1) do you feel towards others who use grocery stores to obtain food items?



1
2
3
4
5

End of Block: Prejudice- Non FP

Start of Block: FP SS- Non Users



Q27- NON FP SS- Self I have stopped socializing with some people because they used a food pantry.

- Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-

X→

Q28 I would judge someone if they told me that they use the food pantry

- Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-

X→

Q29 Others should feel guilty because they use the food pantry.

- Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-

X→

Q30 I would distance myself from and reject a friend that uses the food pantry.

- Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q31 I avoid interacting with people after finding out that they use a food pantry.

- Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q32 I feel that I'm better than others because I don't use a food pantry.

- Strongly disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Strongly agree



Q33 I pay little attention to who uses a food pantry in my community.

- Strongly agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Strongly disagree



Q34 I have trouble/experience conflict or discomfort knowing people that use a food pantry.

- Strongly agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Strongly disagree



Q35 I want others to work hard to keep their food pantry use from others/myself.

- Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q36 As a rule, others should not tell me they use a food pantry.

- Strongly disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Strongly agree

End of Block: FP SS- Non Users

Start of Block: NFP-Self Stigma of Seeking Help



Q73 I would feel inadequate if I went to a food pantry for assistance.

- Strongly Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q74 My self-confidence would NOT be threatened if I sought food assistance through food pantry use.

- Strongly agree
 - Somewhat agree
 - Neither agree nor disagree
 - Somewhat disagree
 - Strongly disagree
-



Q75 Using a food pantry for food assistance would make me feel less intelligent.

- Strongly Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q76 My self-esteem would increase if I used food pantries for food assistance.

- Strongly agree
 - Somewhat agree
 - Neither agree nor disagree
 - Somewhat disagree
 - Strongly disagree
-



Q77 My view of myself would not change just because I made the choice to use a food pantry for food assistance.

- Strongly agree
 - Somewhat agree
 - Neither agree nor disagree
 - Somewhat disagree
 - Strongly disagree
-



Q78 It would make me feel inferior to ask for food assistance/use food pantries.

- Strongly Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q79 I would feel okay about myself if I made the choice to use food pantries for food assistance.

- Strongly agree
 - Somewhat agree
 - Neither agree nor disagree
 - Somewhat disagree
 - Strongly disagree
-



Q80 If I went to a food pantry, I would be less satisfied with myself.

- Strongly Disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - Strongly agree
-



Q81 My self-confidence would remain the same if I sought food pantries for a food assistance problem I could not solve.

- Strongly agree
 - Somewhat agree
 - Neither agree nor disagree
 - Somewhat disagree
 - Strongly disagree
-



Q82 I would feel worse about myself if I could not solve my own problems with food

- Strongly Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Strongly agree

End of Block: NFP-Self Stigma of Seeking Help
